Food Summit on Personalised Nutrition: 
*High Hopes from the Low Lands*

DATE December 4, 2019
VENUE Hotel de Wageningsche Berg, Generaal Foulkesweg 96, 6703 DS Wageningen, the Netherlands

9.00 Arrival and coffee

9.30 Introduction
Dr Rob Beudeker, Theme Director TiFN Healthy Nutrition

9.35-10.55 Presentations
- Personalised nutrition based on genetic profile
  Prof Jose Ordovas, Tufts University

- Microbiome as a target for personalised nutrition –
  Prof Karine Clement, INSERM Paris

- Personalised nutrition in relation to weight management: how effective and how realistic
  Prof Ian MacDonald, University of Nottingham Medical School

Panel discussion

11.00-11.30 Coffee break

11.30 – 12:50 Presentations
- Personalised nutrition in the control of glucose homeostasis-
  Prof Ellen Blaak, University Maastricht

- Inflammatory profile as a determinant for response to nutritional intervention
  Professor Helen Roche, University College Dublin

- Metabotyping in nutrition research
  Prof Hannelore Daniel, Technical University Munich

Panel discussion
12.50-14.00  Lunch

14.00-15.00  Presentations
- Personalised Nutrition and Health- an integrative approach
  Dr Marjan v Erk, TNO

- Scientific, consumer and operational prospective in implementing globally personalized nutrition
  Dr Marco Iotti, Mixfit

  Panel discussion

15.00-17.00  Workshops with moderators:
- The future of Personalised Nutrition

  With coffee/tea from 16.00-16.30

17.00  Reporting of the workshops by moderators, general discussion

18.00  Concluding remarks and closing

18.00-….  Drinks