

Food Summit on Personalised Nutrition: *High Hopes from the Low Lands*



DATE December 4, 2019
VENUE Hotel de Wageningsche Berg, Generaal Foulkesweg 96,
6703 DS Wageningen, the Netherlands

9.00 **Arrival and coffee**

9.30 **Introduction**

Dr Rob Beudeker, Theme Director TIFN Healthy Nutrition

9.35-10.55 **Presentations**

- **Personalised nutrition based on genetic profile**
Prof Jose Ordovas, Tufts University
- **Microbiome as a target for personalised nutrition –**
Prof Karine Clement, INSERM Paris
- **Personalised nutrition in relation to weight management: how effective and how realistic**
Prof IanMacDonald, University of Nottingham Medical School

Panel discussion

11.00-11.30 *Coffee break*

11.30 – 12:50 **Presentations**

- **Personalised nutrition in the control of glucose homeostasis-**
Prof Ellen Blaak, University Maastricht
- **Inflammatory profile as a determinant for response to nutritional intervention**
Professor Helen Roche, University College Dublin
- **Metabotyping in nutrition research**
Prof Hannelore Daniel, Technical University Munich

Panel discussion

12.50-14.00 Lunch

14.00-15.00 Presentations

- **Personalised Nutrition and Health- an integrative approach**
Dr Marjan v Erk, TNO
- **Scientific, consumer and operational prospective in implementing globally personalized nutrition**
Dr Marco Iotti, Mixfit

Panel discussion

15.00-17.00 Workshops with moderators:

- The future of Personalised Nutrition

With coffee/tea from 16.00-16.30

17.00 Reporting of the workshops by moderators, general discussion

18.00 Concluding remarks and closing

18.00-.... Drinks